

INVITATION

11-12 December
2025

**Liv Larsson
in Prague**

WITH INTERPRETATION
INTO CZECH



International trainer of Nonviolent Communication (NVC) an author of more than 20 books.

More information and registration: www.gema-ops.cz



**Needs as a
Compass for
Understanding**

11 December 2025 - Mediation with Empathy

A full-day practical workshop in mediation techniques based on NVC.

This workshop is limited to a maximum of 30 participants.

12 December 2025 - Eating in Harmony with Your Needs

A half-day practical workshop focused on personal integration of NVC principles within your body

This workshop is limited to a maximum of 50 participants.



CENTRUM PRO STUDIUM
DLOUHOVĚKOSTI
A DLOUHODOBÉ PÉČE
Fakulta humanitních studií UK



GEMAops.
Propojujeme vědu s praxí

